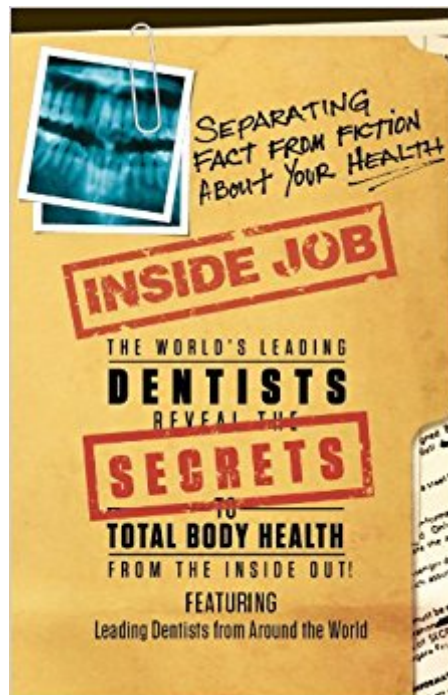




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Inside Job: Separating Fact From Fiction About YOUR Health



Synopsis

I've been to the dentist several times, so I know the drill. ~Author unknown Over the years, dentistry has changed and so has technology. As we move deeper into the new technological age, we learn how to better care our 'pearly whites' so they will serve us for a lifetime. One thing that we do know is that it's impossible to put a value on a smile. When compared with yesteryear, the utilization of modernday dental technology (including the use of lasers, digital applications, sedation techniques and other treatments unknown even ten years ago), makes a visit to the dentist a far more pleasant experience today. As dentists have learned more and more about the chemistry and physics of the mouth and jaws, they advise and teach us the care and preventive techniques that we need in order to keep our teeth for a lifetime. The Celebrity Expert Dentists in this book draw our attention not only to the health of our gums and teeth, but as importantly, to their relationship with our overall physical and mental health. A correlation between dental health and good general health has now been well-established. Regardless of age or activity- level, the Celebrity Expert Dentists in this book would like to share with you the importance of their dental specialties and experience. Much of this knowledge will be a revelation. It could change your life for the better....And remember that a great smile is indicative of a great Inside Job. A smile is a curve that sets everything straight. ~ Phyllis Diller

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This was a Christmas gift for my husband. He is reading it now and can hardly put it down. I plan to read once he is done.

I just received my copy of this book yesterday from my dentist, Dr. Galbo, the author of chapter 10. He has been my family dentist for about 20 years and I'm blessed to have found him. He has to among the top 1% of dentists in the country. Anyways, the book has a lot of information that most people are not even aware of, like Dr. Galbo's Cam-Cad machine that can create crowns, bridges, veneers, etc. that take less than one hour start to finish. And without all that goop and nasty chemicals. He has done 4-5 procedures for me and wow!. The other chapters tell many important facts that we all need to be aware of. Your good dental care does not just effect your oral health, but also your whole body health.

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